

Earth Medicine product list - 2017



Acidosis

Detoxifies the body of uric acid. Improves bone structure. Improves the mucus membranes of the body due to the body producing too much uric acid. Improves the condition of the body, when the acidity of body fluid and tissues is abnormally high. This arises because of the malfunction of the mechanisms in the body responsible for maintaining a balance between acids and alkali in the blood.

Ingredients: Buchu, Alfalfa, Meadowsweet, Celery, Juniper, Parsley and Sarsaparilla.

Caps - 1 Capsule twice per day or as advised. R110.00

Adrenal

Adrenal Improve and enhance function of adrenal glands. Revives and renews the exhausted Adrenal Glands. Increase vitamin C levels in the Adrenal Glands. Prevents the release of excessive quantities of Corticosteroid Hormones from the Adrenal Glands in response to stress and prevents hypertrophy.

Ingredients: American Ginseng, Astragalus, Borage, Chaparral, Korean Ginseng and Siberian Ginseng.

Dosage: Drops – 15 Drops twice per day or as advised. R100.00

Alert

Alleviates moodiness and irritability. Enhances functions of the pituitary gland. Increases alertness. Improves memory. Counter-acts the toxic effects of excessive stress. Alleviates depression. Stimulates the central nervous system and then releases Nor-epinephrine and Endorphins. Alleviates Neuropathy. Increases various aspects of mental functions and improves the function of the pineal and pituitary gland.

Ingredients: Alfalfa, Astragalus, Black Cohosh, Cayenne, Chaste Berry, Gingko Biloba, Ginseng, Gotu Kola, Rosemary and Schizandra.

Caps - 1 Capsule twice per day or as advised. R110.00

Allergies

Formulated to help with chronic allergies. Boost immune system, Promotes cell healing. Natural antibiotic. Improves the lymph glands. Increase production of white blood cells. Detoxifies poisons in the liver. Have anti-oxidant and anti-infection properties. Help for chronic and acute diseases.

Ingredients Caps: African Potato, Cat's Claw, Echinacea, Ginkgo Biloba, Lobelia, Nettle, Olive Leaf, Rosemary.

Caps - 1 Capsule twice per day or as advised. R110.00

Anti-Clot

This product was formulated for people who use a blood-thinning product. Very useful for poor circulation and inflammation. It is used for phlebitis, thrombosis, varicose veins, oedema and haemorrhoids. Is used to improve blood circulation by dilating the coronary blood vessels. It lowers cholesterol levels, restores the function of the heart muscles by improving its contractions and clears any blockages in the vessels. It's useful for cardiovascular, circulatory disorders, anaemia, high cholesterol and increasing intracellular vitamin C levels.

Ingredients: Siberian Ginseng, Guarana, Schizandra, Passionflower, Horse Chestnut, Butchers Broom, Ginger, Hawthorn, Cayenne, Rosemary, Reishi and Gotu Kola.

Caps - 1 Capsule twice per day or as advised. R110.00

Anxiety

Supplement to decrease anxiety. Mind to moderate depression. Helps to elevate mood, stress and tension. Gives energy. Anti-depressant.

Ingredients: Scelliumtoruosum 200mg

Caps - 1 Capsule after Breakfast. R160.00

ARMD

Helps to prevent and reverse ARMD - age-related macular degeneration. Anti-oxidant affect that counteracts ARMD. May improve vision in ARMD patients. Inhibits the degeneration of macular that is integral to progression of ARMD and help to prevent loss of vision in ARMD patients do to the anti-oxidant properties.

Ingredients: Lutein, Billberry, Parsley, Selenium, Ginkgo Biloba, Taurien, Zinc, Whey, Alpha Lipoic Acid

Dosage: Caps - 1 Capsule twice per day or as advised. R200.00

Bladder

Helps with bladder control, bladder infections, bladder pressure, kidney infections and bedwetting.

Ingredients Caps: Agrimony , Alfalfa , Bearberry , Cranberry , Horsetail , Saw Palmetto .

Caps - 1 Capsule twice per day or as advised. R110.00

Brain

Supply energy to the brain. Improves learning ability and memory

Treatment of fatigue. Helpful in treatment for Parkinsonism, Schizophrenia, Mental retardation, Muscular Dystrophy and Adictions.

Ingredients: Glutamic Acid, Vit B12, Ginkgo Biloba, Magnesium, Potassium, Ginseng, Alpha Lipoic Acid and Aspartic Acid

Dosage: 1 Capsule twice daily or as advised. R110.00

Beauty

This product will help for healthy hair and nails. It is rich in natural silica which is important for the growth of hair and brittle nails. It will help for a healthy nail bed and infections. It is used to repair inflammation of the skin and helps for skin disorders like acne, spots, eczema and skin eruptions. It is a tissue cleanser and purifies blood. It is anti-bacterial and antifungal that may help for athlete's foot.

Ingredients Caps: Alfalfa , Black Cohosh , Dandelion , Fenugreek , Horsetail , Inositol , Kelp , Nettle , Parsley , Sage ,

Soya, Vitamin B3 , Vitamin E and Zinc.

Caps - 1 Capsule twice per day or as advised. R110.00

Bronchitis

These herbs are used to sooth, cleanse and heal the lungs, respiratory tract and mucous membranes. It relieves congestion, loosens phlegm, aids in the removal of excess amounts of mucous, reduces fevers, increases perspiration, calms the body, relaxes muscles and eases spasms and cramps. It stimulates white blood cells, improves the immune system, guard against infectious illnesses and keeps viruses from multiplying. Excellent in treating emphysema. It's a cough dispeller and expectorant and helps to soothe irritation in the throat and bronchial passages. Useful for bronchitis, colds and is antispasmodic. Used for trouble of the respiratory system and treatment of lung ailments. The herbs used are world renowned for their treatment of asthma and in difficulty in breathing. It may help to relax the airway, tone the mucous membranes and reduce inflammation and irritability of bronchitis. It has anti-inflammatory bronchial sedative properties. Emphysema, asthma and laryngitis are antispasmodic.

Ingredients: Boneset, Elecampane, Marshmallow, Lobelia, Goldenseal, Echinacea, Elderberry , Cayenne , Thyme, Eyebright, Goldenrod, and Bilberry.

Dosage: Drops – 15 Drops twice per day or as advised.

Cardio

These herbs are used to improve the working capacity of the cardiovascular and circulatory systems, and to soothe and tone the nervous system. It assists in the breakdown of fatty deposits in the blood vessels and dilates blood vessels to allow more blood to flow through. Thins blood, clears blockages and improves circulation. It strengthens without strain and normalizes the function of the heart. May also help for insomnia. It has anti-spasmodic, diuretic and anti-oxidant properties.

Ingredients Caps: Hawthorn Berries, Celery, Lime blossoms, Cayenne, Black Cohosh, Horse Chestnut , Ginkgo Biloba, Olive Leaf and Butchers Broom.

Caps - 1 Capsule twice per day or as advised. R110.00

Cholesterol

The herbs used, are known for their anti-infective properties and ability to improve the liver to digest fats from the liver blood. It prevents the build-up of abnormal cholesterol in the blood, which in turn will reduce the risk of blocked arteries. For the effectiveness of this product a healthy diet is very important. In short it helps for cholesterol build-up and fats in the liver.

Ingredients Caps: Hawthorn , Cordyceps, Dandelion , Fenugreek, Lime, Yarrow.

Caps - 1 Capsule twice per day or as advised. R110.00

Colic

Will improve colic in babies and help with indigestion, nausea, insomnia and muscular pain.

Ingredients: Aniseed, Chamomile , Cramp Bark , Peppermint, Slippery Elm , Thyme and Angelica

Dosage: Drops – Babies – 1-3 drops before feeding

Adults – 15 drops twice per day R95.00

Colon-Cleanser

It will improve bowel function because it is a mild laxative and an intestinal cleanser. It is good for chronic constipation and will improve that bloating feeling. It can be used as a colon cleanser. Improves general health.

Ingredients Caps: Alfalfa, Aloe Vera, Dandelion , Ginger, Licoric e , Milk Thistle, Mullein ,Oats Straw , Passionflower, Rhubarb, Senne , Slippery Elm.

Caps - 1 Capsule twice per day R110.00

Digest

Treats Heartburn such as Amylase (which digests Polysaccharides), Cellulase (which digests Cellulose), Lipases (which digest dietary Fats) & Proteolytic Enzymes (which digest dietary Proteins). Facilitates the digestion of undigested food in the stomach that may be causing indigestion. Can be very effective in the treatment of Allergies by the treatment of Allergies by improving digestion and minimizing the absorption of Antigens in the form of incompletely digested Proteins in Foods.

Ingredients: Amylase, Protease, Invertase, Malt Diastase, Lipase RO, Cellulas, Lactase and Maltodextrin

Dosage: Caps - 1 Capsule with meals R110.00

Detox

Promotes the eliminating of fluids and toxins from the body. It purifies the bloodstream, cleanses the liver and lymphatic system, increases perspiration and is a natural anti-septic. It also acts as a colon cleanser that encourages peristalsis and tones the muscle of the digestive system. It supports the whole body and increases the functioning of the kidneys, liver, pancreas, spleen, stomach and skin.

Ingredients: Dandelion, Buchu, Burdock, Senna, Yarrow, Echinacea, Nettle, Horsetail, Cleavers, and Green Tea

Dosage: Drops – 15 Drops twice per day R95.00

Diabetes

Reduces blood sugar levels, acts against bloating and water retention. Promotes pancreatic digestive fluid. It is a liver cleanser and stimulator. Some of the herbal content acts as natural insulin. It is also a blood purifier and builder. It regulates high and low blood pressure and lowers cholesterol.

Ingredients Caps: Alfalfa, Bilberry, Buchu, Cinnamon, Fengueek, Sutherlandia.

Caps - 1 Capsule twice per day R110.00

Diarrhoea

Will stop diarrhoea and helps for cramps. Natural anti-biotic. Helps body to fight infections. Is a natural tonic and has antifungal and anti-septic properties.

Ingredients: Witch Hazel, Ginger, Yarrow, Marshmallow, Bayberry, Guava, Olive Leaf, Peppermint, Oregano, Pau D'Arco and Slippery Elm.

Dosage: Drops – 15 Drops twice per day or as needed R95.00

Dietary Fibre

Facilitates weight loss in persons afflicted with Obesity – it inhibits the further digestion of dietary Fats from the Digestive Tract by binding to Fatty Acids and thereby facilitating their excretion. Binds up to approximately 5 times its own weight of dietary Fats. Once the dietary fats are bound to Chitosan, they become unavailable for further metabolism by the body and are eliminated via the faeces. Absorbs dietary Fats approximately 44% more effectively than other dietary fibres. Regulates the body's Blood Sugar levels.

Ingredients: Chitosan & Chromium

Dosage: Caps - 1 Capsule twice per day or as advised.R110.00

Digestive

Improves the function capacity of the digestive system. It's a soothing, healing demulcent (a substance that soothes irritated or inflamed skin or mucous membranes. Lanoline and glycerine are demulcents), which is perfectly suited for sensitive or inflamed mucous membrane linings in the digestive system. It fights infections, inflammation, balances alkaline/acid levels and stimulates the central nervous system. It strengthens the colon, liver and pancreas. It reduces nausea and vomiting. It's useful for gastritis, enteritis, colitis, and other digestive disorders, for heartburn, hyper-acidity, gastritis, and peptic ulcers.

Ingredients: Aloe Vera, Slippery Elm, Marshmallow, Meadowsweet, Catnip, Peppermint, Cayenne, Aniseed, Passion Flower and Ginger

Caps - 1 Capsule twice per day or as advised.R110.00

Diverticulitis

Helps for diverticulitis (inflammation of protrusions of the lining of the large intestine, causing severe abdominal pain, often with fever and constipation), chronic constipation, inflamed colon, pain, fever, diarrhoea, normalizes bowel movement and maintains bacteria in the bowel. Will help the digestive tract. Anti-spasmodic and anti-septic. Heals the digestive tract and strengthens the intestinal wall.

Ingredients: Slippery Elm, Aloe Vera, Ginger, Senna,Cat's Claw , Cayenne, Peppermint, and Taheebo Bark.

Dosage: Drops – 15 Drops twice per day or as advised R95.00

DMSO

Improves the condition of Interstitial Cystitis. It lessens Inflammation and swelling. Facilitates the movement of Macrophages around and through the body's tissues. Deactivates Hydroxyl Free Radicals. Minimizes the damage caused by crushing injuries. Alleviates Rheumatoid Arthritis. Reverses some of the abnormalities that occur in Down's Syndrome. Reduces the formation of the abnormal Antibodies that are characteristic of Myasthenia Gravis. Alleviates Pain by impeding the conduction of Nerve Impeding relating to the Pain sensation in the smaller Nerve Fibres. Helps to prevent Paralysis following injuries to the Spinal Cord that would otherwise cause Quadriplegia. Helps to prevent the after-effects of a Stroke.

Ingredients: Dimethyl Sulfoxide

Dosage: Drops – 5-10 ml per day with tomato or grape juice R100.00/100ml

Ear

Formulated to help with ear infections, tinnitus (a medical condition in which you hear a continuous noise in your ears), ringing in the ears and all other known ear problems.

Ingredients: Mullein, Goldenseal, Calendula, Marula, , Cleavers, Echinacea, Mistletoe, Fenugreek, Ginkgo Biloba, Feverfew and Black Cohosh.

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Eczema

Helps for all forms of eczema; chronic eczema and fast reactive allergic types of eczema. It helps for all forms of rash. Will improve skin conditions.

Ingredients Caps: Burdock, Calendula, Chamomile, Chapparal, Goldenseal, Licorice, Red Clover, Sarsaparilla, Taheebo Bark, Witch Hazel, Yellow Dock.

Caps - 1 Capsule twice per day or as advised. R110.00

Energy

This product is an energy and immune booster and combats fatigue.

Ingredient Caps: Barley Green, Cats' Claw, Cayenne, Cordyceps, Echinacea, Ginkgo Biloba, Ginseng American, Ginseng Korean, Ginseng Siberian, Gotu Kola, Guarana and Pau D Arco.

Caps - 1 Capsule twice per day or as advised. R110.00

Epilepsy

Helps to treat epilepsy. Reduces aggressive behaviour. Increases brain serotonin. Maintains brain GABA (gamma-amino butyric acid). Reduces the number of seizures in Epilepsy. Stabilize brain wave activity.

Ingredients: Hyssop, Skullcap, Valerian, Bella Donna, Pau D'Arco, Ginseng , Gingko Biloba.

Caps - 1 Capsule twice per day or as advised R110.00

Eye

This formula is good for cataracts, eye sight, eye allergies, pink eye, any eye problems and itchy eyes. Also good for hay fever and is an excellent anti-oxidant. Improves night blindness.

Ingredient Caps: Billberry , Eyebright , Gingko Biloba , Goldenseal and Vitamin A.

Caps - 1 Capsule twice per day or as advised.R110.00

Fever

Helps for fever.

Ingredients: Agrimony, Burdock, Calendula, Catnip, Elderberry, Feverfew, Ginger, Goldenseal, Olive Leaf, Oregano, Raspberry, Thyme and White Willow Bark

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Fibroids

Helps to improve Fibrosis. Helps to improve Utrine Fibroids. Myona of the Womb. Heavy menstruation. Infertility .

Ingredients: Black Cohosh, Cornsilk, Cramp Bark, Goldenseal, Yellow Dock, Motherswort, Shepperd's Purse, Pokeroot, Yarrow, Cleavers, Maitake

Dosage: Drops – 15 Drops twice per day or as advised.R95.00

Flu

Helps for coughs, asthma, bronchitis, pneumonia, emphysema, influenza, laryngitis, sore throat, loosens phlegm, pleurisy, hay fever, tonsillitis, colds, flu, catarrh, allergies, improves the immune function, fights viruses and bacteria, acts as an antiseptic and anti-oxidant.

Ingredients: Boneset, Cayenne, Lobelia, Goldenseal, Goldenrod Echinacea, Eyebright, Coltsfoot, Mullein, Thyme, Billberry, Elcampane, Marshmallow, Elderflower, Sutherlandia, Pau D'Arco, Burdock, Feverfew, Agrimony, Alfalfa , Astragalus , Bearberry , Cat's Claw , Cleavers , Gingko Biloba, Myrrh, Peppermint, Sage , Slippery Elm , Spirulina , Yarrow.

Dosage: Drops – 15 Drops twice per day or as advised R95.00

Gallbladder

These herbs are used to cleanse the bloodstream, gallbladder and liver. It strengthens and purifies the liver, corrects its function, boosts the immune system and helps rid the body of excess fluids.

Ingredients: Dandelion, Barberry, Milk Thistle, Alfalfa , Boldo , Gentain, Swedish Bitters.

Caps - 1 Capsule twice per day or as advised. R110.00

Gastric Ulcers

Helps to prevent and treat Gastric Ulcers. Accelerates the healing of and helps to prevent Gastric Ulcers. Alleviates some cases of Gastric Ulcers by suppressing the Helicobacter pylori Bacteria that is responsible for many cases of Gastric Ulcers. Alleviates the discomfort of Gastric Ulcers.

Ingredients: Aloe Vera, Bilberry, Ginger, Gotu Kola, Licorice, Myrrh, Neem, Slippery Elm and Tumeric

Dosage: Caps - 1 Capsule twice per day or as advised R110.00

Health

Optimal health and immune system function. Proper gland and organ function. Proper system functions such as the cardiovascular and endocrine system. Supports effective cell-to-cell communication. Helps for auto-immune diseases, arthritis, fibromyalgia, MS, lupus, effects of chemotherapy treatment, allergies, stroke sufferers, diabetes, influenza, gout, Alzheimer's, psoriasis, rhinitis, rheumatism, candidacies, heart conditions, high blood pressure, septicaemia, urinary infections, shingles, viral infections, cancers, tuberculosis, bladder infections, Parkinson's, osteoporosis, nerve pain, sin us, diverticulitis, hormone imbalances.

Ingredients: Aloe Ferrox, Mannose, Fenugreek, Amla, Oligifruuctose, Glucosamine, Beer yeast, Psyllium, Glycosamine sulphate, Black currant, Spirullina, Gum Arabic, Cayenne, Whey, Inulin, Chondroitin sulphate bovine, Zanthum gum, Lecithin, Echinacea, Zepufa, Evening primrose, Neem, Flaxseed, Astragalus, Pectin, Green Tea, Bitter melon, Shiitake, Guar gum, Boswelia, Turmeric, Hawthorn, Chlorella, Wild yam, Kelp, Cordyceps, Xylitol, MaltoDextrine and Undariapinnatifida

Dosage: Caps - 1 Capsule 3 times per day or as advised. R110.00

Hyperactive

Alleviates stress and anxiety, depression and fatigue. Helps for hypertension, insomnia, nervousness, neuralgia, mood swings, migraine, shingles, spasms, ADHD & ADD, high blood pressure, hyperactive children and post natal depression. It has relaxing sedative and analgesic properties. It improves the function of the pineal, pituitary glands, regulates the thyroid gland (under and over active), goitre, obesity and has detoxifying properties.

Ingredients Caps: Alfalfa , Astragalus , Borage , Chamomile , Chaparral, Ginko Biloba , Ginseng American , Ginseng Korean, Ginseng Siberian , Golden root , Guggulipid , Parsley , Passion Flower, Valerian .

Caps - 1 Capsule twice per day or as advised. R110.00

Headache

It is used for most types of headaches and migraine. It relieves pain, strengthens the nervous system, improves blood circulation and relaxes the muscles.

Ingredients: Cayenne , Betony , Feverfew, Skullcap, Lavender, Rosemary and Ginko Biloba.

Caps - 1 Capsule twice per day or as advised. R110.00

Hormone

Normalises the female reproductive system and regulates the hormonal function. It is rich in natural oestrogen & progesterone, relieves menopause related problems, soothes headaches; reduces cramps, mood swings, depression, irritability and hot flushes. Some of the plants used are very useful for menopause related vaginal dryness. It promotes functioning of the heart, kidneys, liver, spleen, pancreas, lungs, stomach & nervous system.

Ingredients: Dandelion, Angelica, Saw Palmetto, Raspberry, Black Cohosh, Cayenne, Milk Thistle, Rosemary, Oats straw, Wild Yam, Chaste Berry , Fenugreek , Soya , Licorice , Sage and Motherswort

Caps - 1 Capsule twice per day or as advised. R110.00

Inferto

Formulated to help treat infertility in women, increase sperm count, treats impotency, tones and stimulates ovum production.

Ingredients: Astragalus, Angelica, Black Cohosh, Saw Palmetto, Cinnamon, Wild Yum, Spirulina, Burdock, Goldenseal, Kelp, Nettle and Raspberry

Dosage: Drops – 15 Drops twice per day or as advised. R110.00

Insulin

Reduces insulin resistance. Alleviates insulin resistance. Balance blood sugar levels. Stabilizes blood sugar levels. Helps for Pancreatitis and Diabetes. Strengthens the pancreas and regulates pancreatic functions. Have Immune booster effect. Have Hypoglycaemic and Anti-oxidant properties.

Ingredients: Chromium Picolinate, Arginine, Vanadium Lipoic Acid, Inositol, Carnitine, Zinc, Guar Gum Pottassium , Folic Acid and MSM .

For best results use in conjunction with Insu-Resis drops or capsules

Dosage:Caps - 1 Capsule twice per day or as advised. R130.00

Kidneys

Used for kidneys and bladder. It is a natural diuretic and will help for water retention, cystitis (bladder infections), kidney stones and gravel, kidney infections, arthritis, stimulate blood purification and detoxify the liver. It is an anti -inflammatory and also reduces accumulation of uric acid. It removes any obstruction of the kidney, bladder, gall bladder, pancreas and spleen

Ingredients: Buchu, Parsley, Dandelion, Bearberry, Hydrangea,Cranberry , Gravel root , Cornsilk , Juniper.

Caps - 1 Capsule twice per day or as advised. R110.00

Lactate

Formulated to aid the production of mother's milk. Will help to reduce colic. Contains all vital vitamins, minerals, amino acids and anti-oxidants. Safe and effective for mother and baby.

Ingredients: Alfalfa, Fennel, Peppermint, Cramp Bark, Spirulina , Cheste Berry , Aniseed and Swedish Bitters

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Libido

Improve sexual ability. Treats erectile dysfunction. Infertility and impotence. Improve low sex drive. Improve sexual stamina. Energy booster for sportsmen and women. Exhaustion, tiredness, combat fatigue, boosts testosterone levels and natural steroids that rejuvenate lovemaking.

Ingredients: Astragalus, Ginger, Ginseng, Gotu Kola, Saw palmetto and Schizandra

Caps - 1 Capsule twice per day or as advised. R110.00

Liver-Cleance

Helps for all liver disorders, overburdened liver, jaundice, cirrhosis and hangovers. Support and cleanse the liver. Natural anti-biotic. Helps body to fight toxins. Have Anti-infection, anti-fungal and anti-septic properties.

Ingredients: Dandelion, Nettle, Milk Thistle, Red Clover, Alfalfa, Burdock, Ashwagandha and Schizandra.

Caps - 1 Capsule twice per day or as advised. R110.00

Low Blood

Not only is this combination excellent for anaemia, but assists with protein deficiency. It is rich in vitamins, minerals and organic salts. Good energy source and neutralizes acidity in the body.

Ingredients: Alfalfa, Nettle, Hawthorn, Blue Cohosh, Butcher's Broom, Gingko Biloba, and Licorice.

Caps - 1 Capsule twice per day or as advised. R110.00

Memory

This product is a memory aid and stimulant to refresh poor memory and "comfort the brain". It has a stimulating action on the central nervous system and various glands. It improves the brain's function by increasing cerebral and peripheral blood flow circulation and oxygenation.

Ingredients: Rosemary, Ginseng, Gotu Kola, Alfalfa, Cayenne, Gingko Biloba, Schisandra and Lemon Balm

Caps - 1 Capsule twice per day or as advised. R110.00

Metabolism

Support and increase the rate of metabolism

Maintain healthy skin and muscle tone

Enhance immune and nervous system function

Promote cell growth and division-including that of the red blood cells that help prevent anaemia. Reduce the risk of pancreatic cancer.

Ingredients: Niacinamide, Pyridoxine HCL, Biotin, Folic Acid, Alfalfa.

Dosage: Caps - 1 Capsule twice per day or as advised. R110.00

Menopause

These herbs are used to normalise the female reproductive system and regulate hormonal function. They are rich in natural oestrogen and progesterone, relieve menopause related problems, soothe headaches; reduce cramps, mood swings, depression, irritability and hot flashes. They promote the functioning of the heart, kidneys, liver, spleen, pancreas, lungs, stomach and nervous system.

Ingredients: Angelica, Licorice, Rosemary, Black Cohosh, Fennel, Sage, Gotu Kola, Sutherlandia , Wild Yam , Chest berry , damiana , Ginger , Motherswort , Sarsaparilla , Saw Palmetto and Red Clover.

Dosage: Caps - 1 Capsule twice per day or as advised. R110.00

Muscle

Will treat sport injuries. Improves muscle aches and pains. Helps for muscles and sprain injuries. Effective for over-tense muscles in the back or limbs. Will help for cramps, arthritis, rheumatism and joint pains. Improves circulation to the muscles and bone structure.

Ingredients: Marshmallow, Cramp Bark, Cayenne, Peppermint, Fennel, Lobelia and Horsetail.

Caps - 1 Capsule twice per day or as advised. R110.00

Nerve

It is used as a natural tonic to strengthen and support the whole nervous system. It has relaxing, sedative and analgesic (painkilling) properties. This tonic can be used for nerve pain as well as stress related or nervous disorders. Use 20 Drops before bedtime; it will help induce natural sleep with no side effects. This product has been used to relieve ADHD in place of Ritalin.

Ingredients: Catnip, Hops, Motherwort, Passion Flower, Skullcap, St. John's Wort, Valerian , Borage , Chamomile, Vervain

Dosage: Drops – 30 Drops before bedtime R95.00

Osteo

Used for treatment of arthritis, gout, osteoporosis and rheumatoid arthritis. It not only detoxifies the body, but also removes acidic toxins from your system. It reduces pain, stiffness and swelling of the joints and muscles. Powerful blood cleanser and builder. May bring relief of lumbago and sciatica.

Ingredients: Devil's Claw, African Potato, Celery, Black Cohosh, Yarrow, Cayenne, Burdock, Horsetail, Rosemary, Meadowsweet, Alfalfa and White Willow Bark .

Caps - 1 Capsule twice per day or as advised. R110.00

Ph-Balance

Improves the liver. Essential for maintaining water balance and proper pH blood balance. Improves arthritis and muscle aches. Improves heart and circulation. Normalize blood pressure. Excellent for peptic ulcers. Prevents gallstones by stimulating flow of bile, gastric mucosa and indigestion. Helps for inflammation and improves metabolism. Have anti-oxidant properties.

Ingredients: Disodium Phosphate, Calcium , Magnesium , Phosphate , Potassium , Sodium.

Dosage: Caps - 1 Capsule twice per day or as advised. R110.00

Pancreas

Alleviates insulin resistance. Balances and stabilizes blood sugar levels. Helps for pancreatitis and diabetes. Has hypoglycaemic properties, strengthens and regulates pancreatic function, immune booster effect, helps for inflamed pancreas and acts as an anti-oxidant.

Ingredients: Cinnamon, Korean ginseng, Olive leaf, Stinging Nettle, Fenugreek, Juniper, Elecampane and Sutherlandia

For best results use in conjunction with Insu-Cap Capsules

Caps - 1 Capsule twice per day or as advised. R110.00

Pre-Ejec

Alleviate premature ejaculation. Improves sexual performance in men afflicted with premature ejaculation. Due to the Adrenergic Nervous System that is involved in male sexual performance, the ejaculation that occurs in conjunction with orgasm is stimulated.

Ingredients Caps: Black Walnut , Garlic , Goldenseal , Magnesium , Phosphorus , Zinc .

Caps - 1 Capsule twice per day or as advised. R110.00

Prostat

These herbs are used to boost energy levels, combat fatigue and strengthen the reproductive system. They improve blood circulation and oxygen supply to the reproductive system and all the organs in the body. They also increase and regulate hormonal activity in the reproductive systems, boost testosterone levels naturally and contain natural steroids that rejuvenate lovemaking. This formula stimulates the central nervous system. It will balance the male menopause, alleviate moodiness and irritability. It is an aphrodisiac, which will increase sex drive and lack of libido.

Ingredients Caps: Agrimony , Ashwagandha , Astragalus , Gingko Biloba , Horney Coatweed , Horsetail , Sarsapilla , Saw Palmetto , Gingseng , Wild Yum.

Caps - 1 Capsule twice per day or as advised. R110.00

Purifi

Improves skin conditions. They promote new cell growth, detoxify the body and are a powerful blood cleanser. It is used for skin eruptions such as acne, eczema, dermatitis, psoriasis, boils, abscesses, hives, insect bites, age spots and blemishes. It is also used to assist in regulating overactive oil glands and help for problems caused by blood impurities. It is a natural anti-toxin for infections. Some herbs contain phyto chemicals that destroy fungi, germs, viruses and bacteria with its anti-bacterial, anti-viral, anti-microbial and anti-fungal properties. It is also used for septicemia.

Ingredient Caps: , Burdock, Cleavers, Dandelion, Echinacea, Ginkgo, Lavender, Red Clover, Sarsaparilla and Yellow Dock.

Caps - 1 Capsule twice per day or as advised. R110.00

Re-Cover

Counteracts the toxic effects of excessive consumption of alcohol. Improves liver cell function. Detoxification of alcohol. Helps to prevent and minimize hangovers by facilitating the detoxification of acetaldehyde, the principal underlying cause of hangovers. Anti-oxidants scavenge the free radicals that cause hangovers.

Ingredients: Marshmallow , Billberry , Boneset , Cayenne , Echinacea , Elcampane , Elderberry , Eyebright , Goldenrod , Goldenseal , Lobelia , Thyme .

Dosage: Caps - 1 Capsule twice per day or as advised. R110.00

Silver water

Silver destroys bacteria, viruses and yeast. It does so very effectively. In fact that in lab studies, they found that if you place a pathogen that can cause disease – from bacteria, from viruses, from yeast – add to it the silver, especially in the alkaline form, the molecular structure that's tetrahedral will destroy those pathogens in under 6 minutes.

Ingredients: 500ml Structured Silver water R120/500ml

Dosage: Please visit www.silverhealthinstitute.com/

Sinus

This formulation is traditionally used to relieve congestion. It loosens phlegm and aids in the removal of excess mucous. It is useful for most problems associated with the upper respiratory system. It stimulates white blood cells, improving the immune system, guards against infections and keeps viruses from multiplying. It's anti-irritant, anti-biotic and antiinflammatory properties kill's bacterial and viral infections and is useful for mucus build-ups due to sinusitis. It unblocks the inflamed membranes of the nose and throat and improves circulation through the nasal passage.

Ingredients: Elderberry, Echinacea, Golden Rod, Mullein, Peppermint, Cayenne, Eyebright and Bilberry.

Caps - 1 Capsule twice per day or as advised. R110.00

Skin

It promotes new cell growth, detoxifies the body, and is a powerful blood cleanser. Improves skin conditions. It is used for skin eruptions such as acne, eczema, dermatitis, psoriasis, boils, abscesses, hives, insect bites, age spots and blemishes.

It is used to assist in regulating overactive oil glands and helps for problems caused by blood impurities

It is a natural antitoxin for infections. Some herbs contain phyto-chemicals that destroy fungi, germs, viruses and bacteria

Ingredients: Burdock, Cleavers Dandelion, Echinacea, Gingko Biloba, Lavender, Red Clover, Sarsaparilla and Yellow Dock

Caps - 1 Capsule twice per day or as advised. R110.00

Sleep Aid

Helps for insomnia, tension and neuralgia. It's got relaxing properties and will let you get a peaceful night rest. It will let you wake up refreshed and not tired. It is safe and not addictive and safe for children. Children must use only half dosage.

Ingredients Caps: Cat Nip , Chamomile, Gotu Kola , Passion Flower , Peppermint , St John's Wort , Valerian.

Caps - 1-2 Capsules 15min before bedtime R110.00

SX-Desire (out of stock)

Improves sexual desire in both males and females. Increases endogenous production of luteinizing hormone (LH) which stimulates endogenous. Testosterone production. It contains precursors for the production of sexual steroid hormones.

Improves sexual performance in persons affected by selective serotonin reuptake inhibitors (SSRIs) – induce impairment of sexual performance.

Ingredients: Ashwaganda , Catuaba , Gingko Biloba , Ginseng , Horny Goat Weed , Maca , Mura Puama , Tribulus , Zinc.

Dosage:Caps - 1 Capsule twice per day or as advised.R160.00

Sx Drive

Improves sexual ability and sex drive. Increase sexual stamina. Rejuvenates lovemaking and combats erectile dysfunction. Improve muscle tone and blood circulation. Enlargement and muscle tone. Improves prostate function

Ingredients Drops: Bilberry, Ashwaganda , Cordyseps, Ginseng Korean, Ginseng Siberian , Maca, Mistletoe , Saw Palmetto, Hawthorn and Tribulus

Ingredients Caps: Arginine , Glutamine, L-Carnitine, Orthinine, Vitamin C and Vitamin E .

Dosage:Caps - 1 Capsule twice per day or as advised.R110.00

Slim

Kelp helps for under active thyroid glands and goitre. It also stimulates adrenal glands. Fennel is a natural appetite suppressant promoting the function of the kidneys, stomach, liver and spleen. Kola Nuts is a natural appetite suppressant and strengthens the nervous system. Helps against depression. Guarana causes weight reduction and the appetite suppressant provides energy. Alfalfa is a mild diuretic and rids the body of waste with a cleansing effect. Green Tea purifies the body of toxins. Fenugreek acts as a bulk laxative and useful for dissolving fat within the liver. Horsetail is a diuretic and improves calcium absorption. Rhubarb has a cleansing effect on the stomach. Senna is cathartic and helps cleanse the bowels. Irish Moss improves bowel movement. Appetite suppressant and have minerals to improve thyroid function. Cinnamon enhances digestion and is useful for the proper metabolism of fats. Chickweed is a mild laxative. Butchers Broom reduces water retention, especially in the legs and feet. Improves oxygen supply to cells in the body, purifies the blood. White Willow Bark is a natural antiseptic, diuretic and anodyne. Cleansing effect on the body.

Ingredients: Kelp, Fennel, Kola Nuts, Alfalfa, Green tea, Fenugreek, White Willow Bark, Chickweed, Butchers Broom, Cinnamon, Iris Moss, Senna, Horsetail, Rhubarb and Hydroxy Citric Acid .

For best results use in conjunction with Turbo Slim Capsules

Dosage: Drops – 10 Drops 3 times per day 10min before meals or as advised R95.00

Slim-C

Nourishing and regulates the thyroid's function, stimulates the adrenal glands and aids in relieving of some menopausal symptoms. Rich in calcium, vitamins and nutrients to help prevent osteoporosis, rheumatoid, arthritis and gout. Improve skin condition, lowers cholesterol, breaks down fat, activates nearly 100 enzymes, regulate heart beat, and strengthens blood vessel, tendons and nerves. Maintains normal blood sugar. Aids the body to break down protein, fat and carbohydrates.

In people with diabetes it may help control blood sugar levels. May lower total blood cholesterol, the synthesis of fatty acids and cholesterol. Essential for developing and maintaining healthy bones and teeth. Assists in blood clotting. Helps muscle contraction and nerve transmissions. Helps reduce risk of osteoporosis. Helps in carbohydrate utilization. Involved in metabolism of glucose (for energy). This amino acid is essential for the breakdown of fat into energy. Improves the utilization of fats for energy. It protects against toxicity.

Ingredients: Vitamin A , Calcium D , Cayenne , Choline Bitrate , Chromium , Copper , Creatine, Hoodia , Hydroxy Citric Acid, L- Carnitine, L-Tyrosine , Magnesium Oxide , Mustard Seed Powder , Niacin Vitamin B3 , Potassium , Pyridoxine HCL.

For best results use in conjunction with Turbo Slim Drops

Dosage: Caps - 1 Capsule twice per day or as advise R160.00

Thyodine

Normalize and improve thyroid gland

Stimulate and improves the thyroid gland hormones. Can cause weight loss. Alleviates hypothyroidism. Treatment of hypothyroidism. Has a natural diuretic property which rids the body of toxins. Kills detrimental bacteria and fungi

Can improve cancers, multiple sclerosis, Parkinsons, pharyngitis, dry hair, nails, dry skin, teeth and intelligence

Ingredients: Potassium , Gugulipid , L-Cysteine , Mannitol , Manganese , Selenium , Sheep Sorrel , Thyrosine and Zinc.

For best results use in conjunction with Thyroid drops or capsules

Dosage: Caps - 1 Capsule twice per day or as advised. R110.00

Tonsillitis

This product will improve tonsillitis, throat infections and sore throat. It has anti-bacterial, anti-viral, natural anti-toxins for infections, anti-microbial, anti-fungal and is a lymphatic cleanser. These herbs contain all vital vitamins and minerals.

Ingredients: Cleavers, Echinacea, Elecampane, Elderberry, Goldenseal, Marshmallow, Mullein, Sage, Slippery Elm and Thyme

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Urine

Anti-inflammatory and diuretic. Increase urine output, reduce uric acid, reduce water retention, detoxifies the body and removes obstructions from bladder, kidneys, gallbladder, pancreas and spleen.

Ingredients: Buchu, Bearberry, Butcher's Broom, Dandelion, Celery, Cranberry and Juniper Berry

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Varicose

These herbs will help varicose veins, varicose ulcers, phlebitis and poor circulation; enhances the formation of cartilage and the connective tissue with collagen in the bone tissue. It improves blood flow and promotes healthy blood vessels. It has anti-inflammatory and vasodilator properties. It's a vulnerary disinfectant and fungicidal .

Ingredients: Calendula, Nettle, Rosemary, Horsetail, Cayenne , Ginger , Grape leaves , Hawthorn , Skullcap and Gotu Kola

For best results use in conjunction with Varicose cream

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

V-Care

Helps fight infections and itching. Keeps bacteria from rooting the lining of the vagina. Activates immune system. Kills Gardnerella and other microbes that cause vaginal irritations. Have anti-fungal, anti-septic, anti-viral, anti-bacterial and anti-inflammatory properties.

Ingredients: Aloe Vera, Barberry, Black Cohosh, Calendula, Goldenseal, Neem, Pau'D Arco and Sage.

For best results use in conjunction with V-Care cream

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Vertigo

Alleviates nausea and very helpful in the treatment of Vertigo. Helpful for balance in which the person feels as if their surroundings are in a state of constant movement through spinning sensation.

Ingredients: Ginger, Ginkgo Biloba, Lemon Balm and Schizandra

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Weight on

This product was formulated for people who have eating disorder, or who have been ill and had a loss their appetite. It will help to put weight on. It helps to improve your health. It contains all the essential vitamins, minerals and anti-oxidants required. It is rich in potassium, protein, zinc, calcium and iron. It is a general all over tonic.

Ingredients: Alfalfa, Nettle, Gentian, Ginkgo, Sutherlandia , Barley Grass , Spirulina and Caraway

Dosage: Drops – 15 Drops twice per day or as advised. R95.00

Womb

Helps for endometriosis, normalizes menstruation, improves womb tissue and relieves pain and excessive bleeding. Antifungal and anti-bacterial.

Ingredient Caps: Astragalus , Black Cohosh , Cayenne , Cheste Berry , Dong Quai , Motherswort , Sheep Sorrel ,Slippery

Elm , Soya , Sutherlandia , Thuja and Wild Yum.

Caps - 1 Capsule twice per day or as advised. R110.00

Creams

African Potato

150ml Tub Helps to treat prostate problems. Used to treat testicular tumours, prostate hypertrophy. Has anti-inflammatory activity. Can also apply to burns. Reduce pain.

Ingredients: Hypoxis Hemerocallidea, African Potato, Ikomfi, Base Cream R95.00

Babies Own

125ml bottle Helps for any skin condition, Eczema, Skin Allergies, Nappy Rash, Grazes, Mosquito Bites, Bruises, Burns, Bites, Cold Sores, Dry skin, Cuts and acts as an Anti Infection. Leave Babies skin soft and protected against harmful elements. Acts as a Sun Block

Ingredients: Kigela Africana , Baby Musk , Bilbenella, Aloe Vera, Minerals, Vitamin E, Olive Oil, Comfrey and Mineral Base R95.00

Cellulite

250ml Tub Formulated to mobilise fat through lipolysis and returns it to the bloodstream where it can be utilized for energy, ensuring loss of centimetres. Continual use will ensure a firmer and more contoured appearance, softening of the skin, improving elasticity and reducing of cellulite bumps and orange peel appearance. Will help to break down and remove fatty tissue from the body in the affected areas. Improves blood circulation and detoxifies the skin of cellulite. For optimal results use in conjunction with Turbo Slim.

Ingredients Gingko Biloba, Chickweed, Cleavers, Grape Seed, Grapefruit, Gotu Kola , Kelp Carotino oil Fennel oil Olive oil and Mineral Base Cream. R170.00

Pain Rub

250ml tub this cream will help for sprained muscles, bruises, arteriosclerosis, arthritis, gout, inflammation of the joints, muscle pain, cramps, poor circulation, rheumatic pain and infections.

Ingredients: Arnica, Horsetail, , Lavender, Rosemary, Peppermint, Eucalyptus , Cayenne , Olive Oil , Winter Green , Hawthorn, st john's wort and DMSO R120.00

Medi Burn Cream

100ml tub Medi Burn was formulated for burns. It is used in hospitals against 3de degree burns. Can be used for any form of burns including nappy rash. It helps to improve the skin condition. Helps for cracked skin. It is a heel balm. It improves the cuti cles of the nails and conditions the skin in general. Can be used as a lip balm and can be used for any dry skin.

Ingredients: Acriflavine Emulsion 0, 1% m/v, UngEmulsificans BP, Baby Musk, Tea Tree Oil. R160.00

Menopau Cream

100ml tub Menopausal Symptoms

Ingredients: Wild Yam, Cheste Berry, Black Cohosh, Goldenseal, Motherswort, Dandelion, Dong Quai, Sage, Base Cream R95.00

Nufaze Facial Cream

100ml tub Facial herbal cream for all skin types. Anti-Wrinkle.

Ingredients: Germanium, Kigela Africana, Kemaben, Aloe Vera, Carotino Oil , Olive Oil , Evening Primrose and Mineral base cream. R150.00

Progest

100ml Pump Helps to replace progesterone.

Ingredients: Wild Yam, Sage, Sarsaparilla, Cheste Berry and Base Cream . R95.00

Stretch Mark

250ml tub Improves the appearance of stretch marks. Improve skin conditions.

Ingredients: Gotu Kola, Vitamin E, Aloe Ferrox, Flaxseed Oil , Grapeseed Oil , Lavender R175.00

Varicose Cream

125ml bottle The herbs in this product are known for their ability not only to strengthen blood vessels and inhibit swelling but also help to reduce and rid the legs of unsightly veins. It will assist with conditions like leg ulcers, skin problems bruising and chronic venous insufficiency. It is an anti-septic and anti-inflammatory.

Ingredients: Calendula, Rosemary, Hawthorn, Ginger, Cayenne, Skullcup, Gotu Kola, Grape Seed Oil, Essential Oils and Lemon Grass. R95.00

V-Care Cream

50ml tub Helps for vaginal itching and types of infections. Have anti-bacterial and anti-inflammatory properties. Use together with the V-Care Drops for best results.

Ingredients: Aloe Vera, Barberry, Black Cohosh, Calendula, Goldenseal, Neem, Taheebo Bark, Sage R95.00